

**Purpose:** To administer medication into the vagina. Medications administered by this route may be for treating vaginal irritations and infections.

**Materials:**

1. Medication (it may be in wax bolus or tablet form, or tube of cream).
2. Gloves.
3. Applicator for cream.
4. Tissues and sanitary napkins if needed.

**Procedure:**

1. **Wash hands** before and after administering.
2. Confirm medication order.
3. Identify resident and explain procedure.
4. Have resident empty bladder as much as possible.
5. Position resident comfortably on back with knees bent and legs apart. Drape resident so there is as little exposure as possible.
6. Put on gloves and prepare medication for insertion.
7. Observe genital area and locate vaginal opening. Insert medication:  
By hand: gently, about 2-3 inches along back of vagina.  
By applicator: gently insert applicator 2-3 inches into vagina, push plunger, releasing medication along back wall of vagina.
8. Wipe vaginal opening if necessary. Provide sanitary pads as necessary to prevent staining underclothing or discomfort. Medication will be less likely to leak out before being absorbed if resident avoids upright position for about 20 minutes.
9. Clean applicator.
10. Record according to procedure.